

January 2023

Elementary & HS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		Pancakes with Sausage or Cereal & Toast AND Grits Chilled Strawberries (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Banana Split Parfaits Graham Crackers or Toast & Sausage or Cereal & Toast AND Grits Chilled Pears (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Beingets or Cereal & Toast AND Grits Chilled Peaches (Pre K & Sat) Fresh Fruit Potato Rounds Milk
9	10	11	12	14
Sausage Biscuit or Cereal & Toast AND Grits Chilled Pears (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Chicken & Waffles or Cereal & Toast AND Grits Chilled Applesauce Fresh Fruit Potato Rounds Milk Bananas (Pre K) Fresh Fruit (Sat)	Build Your Own Breakfast Burrito or Cereal & Toast AND Grits Chilled Pineapples (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Strawberry Yogurt Parfait or Toast & Sausage or Cereal & Toast AND Grits Chilled Pears (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Cinnamon Rolls or Cereal & Toast AND Grits Chilled Peaches (Pre K & Sat) Fresh Fruit Potato Rounds Milk
16	17	18	19	20
MLK Holiday Schools Closed	Waffle and Sausage or Cereal & Toast AND Grits Chilled Applesauce Fresh Fruit Potato Rounds Milk Bananas (Pre K) Fresh Fruit (Sat)	French Toast Sticks or Cereal & Toast AND Grits Chilled Strawberries (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Strawberry & Banana Smoothies Graham Crackers or Toast & Sausage or Cereal & Toast AND Grits Chilled Pears (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Glazed or Chocolate Donut or Cereal & Toast AND Grits Chilled Peaches (Pre K & Sat) Fresh Fruit Potato Rounds Milk
23	24	25	26	27
Chicken Biscuit or Cereal & Toast AND Grits Chilled Pears (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Funnel Cakes or Cereal & Toast AND Grits Chilled Applesauce Fresh Fruit Potato Rounds Milk Bananas (Pre K) Fresh Fruit (Sat)	Pancakes with Sausage or Cereal & Toast AND Grits Chilled Strawberries (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Banana Split Parfaits Graham Crackers or Toast & Sausage or Cereal & Toast AND Grits Chilled Pears (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Beingets or Cereal & Toast AND Grits Chilled Peaches (Pre K & Sat) Fresh Fruit Potato Rounds Milk
30	31			
Sausage Biscuit or Cereal & Toast AND Grits Chilled Pears (Pre K & Sat) Fresh Fruit Potato Rounds Milk	Chicken & Waffles or Cereal & Toast AND Grits Chilled Applesauce Fresh Fruit Potato Rounds Milk Bananas (Pre K) Fresh Fruit (Sat)			